

Corona Regulations 2022

(BIBA, University of Bremen and Bremen)

Dated: 17.10.2022

Dear participants,

Please find below the relevant information regarding current corona regulations in BIBA, University of Bremen and Bremen.

1. Covid Measures in BIBA:

To minimize the risk of infection during the corona-virus pandemic among everyone who enters BIBA, the following measures will be taken:

1. Access to BIBA

- 1. Following persons are not allowed to enter the BIBA:
 - a. Persons with a diagnosed COVID-19 infection, or with a positive COVID-19 test result for a duration of at least 5 days upon diagnosis. Quarantine can be ended only after 48 hours without symptoms.
 - b. Persons with symptoms of corona (i.e. fever, dry cough, headache) until they present a negative COVID-19 test result.

2. In case of one or more factors of the above, the responsible division secretary, respectively the administration manager has to be informed within 24 hours.

3. The hosting employee here at BIBA is responsible for the access of guests and has to take care that they observe BIBA's corona measures.

2.General hygiene measures in BIBA

1. During your stay in BIBA please always keep a distance of at least 1.5 meters to everyone.

2. In public areas i.e. floors, elevators, stairways and BIBA hall as well as in all rooms attended by more than one person, it is mandatory to wear a medical mask (surgical masks or FFP2). In seating position with a permanent 1.5 m distance to other persons you can refrain from wearing a mask. The recommended personal wearing time of these common half masks is 75 minutes with a subsequent recovery time of 30 minutes each. After that, the mask can be used again in the same rhythm. Please also note the recommended total duration of use of the masks or their reusability. If you are working at a workstation in BIBA hall, ensuring the continuous distance of 1,5 meters to other persons, you can take off the face mask.

3. Stairways and floors should only be accessed one at a time. If necessary, wait in the hall or stair landing. 4. The washbasins of the lavatories, tea kitchens, break rooms and the coffee machine in the hall should be used one at a time. Please always keep the distance of 1,5 meters and wait in front of the room if occupied.

5. Thorough hourly airing of the offices with fully opened windows is mandatory.

6. Cleaning personnel is working at normal working times.

3.Use-dependent hygiene measures

To protect persons belonging to a risk group as well as their relatives, BIBA is following the guidelines of University of Bremen.

2. Covid Measures in University of Bremen:

The University of Bremen works with a phased plan for teaching that is based on the incidence in the city of Bremen and what is happening on campus. The detailed current information regarding corona regulations could be find with this link:

https://www.uni-bremen.de/informationen-zur-corona-pandemie

3. Covid Measures in Bremen:

In Germany, Covid measures are handled by the different states (i.e., the state of Bremen) as well as the federal government. Because measures are continuously in flux, we only provide links to the official sources of information here:

- Latest information on the local situation and measures in Bremen: <u>https://www.bremen.de/corona/corona-faq-englisch&</u> <u>https://www.gesundheit.bremen.de/corona/corona-verordnungen-37349</u>

- General information provided by the federal government: https://www.zusammengegencorona.de/en/

- General situation in Germany, including requirements for entering the country: <u>https://www.auswaertiges-amt.de/en/coronavirus/2317268</u>

*Please ensure that you check these prior to your departure so that you are up-to-date on the latest measures. Please keep in mind that we can only offer you our lay interpretation of the official rules.

Getting tested for Covid or Seeing a Doctor in Bremen

For those of you requiring a negative test to return home, or if you experience symptoms, you can get tested for Covid at a number of locations across town, including the following test stations:

A. The Corona Test Center at Bremen Central Station
 Address: Außer der Schleifmühle 4, 28203 Bremen
 Tel: +49 163 36114 29
 Email: bremen@covidzentrum.de
 Website: https://covidzentrum.de/en/corona-test-bremen/

B. Corona Test Center Uni Bremen
Address: Enrique-Schmidt-Straße 1b, 28359 Bremen
Tel: +49 151 18733746
Email: info@coronatest-uni-bremen.de
Website: https://sustainable-medical.services/coronatest-uni-bremen/

C. Corona Test Center Bremen City

Address: Contrescarpe Ecke Loriotplatz, 28195 Bremen Tel: <u>+49 2771 4278368</u> Email: <u>service@covimedical.de</u> Website: <u>https://15minutentest.de/de/en/bremen-test-centre</u>

D. Corona Test Center Bremen Airport

Address: Flughafenallee 20, 28199 Bremen Tel: <u>+49 421 3969317</u> Email: <u>covizin@testcenter-airport.de</u> Website: <u>https://testcenter-airport.de/en/front-page-en/</u>

All other test centers in Bremen: https://www.gesundheit.bremen.de/corona/testen-und-testcenter/testzentren-in-bremen-42870

*Please note that tests are not free of charge. Rapid tests are usually less expensive than PCR tests (with prices between 20 and 50 Euros), but may not fulfill travel requirements. Self-tests are widely available in pharmacies, drugstores and grocery shops at around 3 Euros per piece.